

# Kitchen Helper

Mother Tongue Asian Bistro & Cocktail Bar  
Blue Mountain Village

## Job details

Salary

From \$16-18 an hour

Job type

Full-time

Permanent

## Full Job Description

### Tasks

- Clean and sanitize items such as dishwasher mats, carts and waste disposal units
- Operate dishwashers to wash dishes, glassware and flatware
- Sanitize and wash dishes and other items by hand
- Scour pots and pans
- Clean and sanitize kitchen including work surfaces, cupboards, storage areas, appliances and equipment
- Handle and store cleaning products
- Receive, unpack and store supplies in refrigerators, freezers, cupboards and other storage areas
- Remove kitchen garbage and trash
- Sweep, mop, wash and polish floors
- Wash, peel and cut vegetables and fruit

### Work conditions and physical capabilities

- Fast-paced environment
- Physically demanding
- Repetitive tasks
- Standing for extended periods
- Work under pressure

### Weight handling

- Up to 23 kg (50 lbs)

### Personal suitability

- Client focus
- Efficient interpersonal skills
- Reliability
- Team player