

SIDE ORDERS

Thick Toast & Jam ✓	\$2.99	280
Nutella (mini jar)	\$2.00	140
Toasted Bagel with Cream Cheese (2)	\$3.99	290
One Egg	\$1.79	160
Two Eggs	\$2.99	220
Three Eggs	\$4.29	280
Bacon (4) ✓	\$6.49	490
Bacon (2), Sausages (2)	\$6.49	490
Ham (3)	\$6.49	140
Sausages (4) ✓	\$6.49	390

FRESH JUICES

Fresh is Tastiest™

Orange ✓ (9oz)	\$3.75	120
(12oz)	\$4.75	160
Grapefruit (9oz)	\$3.75	110
(12oz)	\$4.75	150
Lemonade (9oz)	\$3.75	130
(in season) (12oz)	\$4.75	180

COLD DRINKS

Soft Drink	\$2.75	0-150
Snapple Iced Tea	\$3.25	150
NESTEA (can)	\$2.75	110
Bottled Water (Nestlé)	\$2.49	0
San Pellegrino (500 ml)	\$3.49	0
Milk (2%) sm	\$2.49	140
lg	\$3.49	180
Chocolate Milk sm	\$2.49	180
lg	\$3.49	240
Bottled Juice	\$2.59	130-150
Heinz Tomato Juice (284 ml)	\$2.99	60
Ocean Spray Cranberry Juice (12oz)	\$2.99	270

SIDE ORDERS

Peameal Style Bacon (3)	\$7.49	170
Turkey Bacon (4)	\$7.49	150
Corned Beef Hash (8oz)	\$9.49	340
Steak (8oz)	\$12.99	490
Chicken Breast (6oz)	\$9.49	270
Home Fries (8oz) ✓ ⑤	\$4.29	230
Guacamole (3oz) ⑤	\$3.49	150
Sliced Tomatoes ⑤	\$3.29	30
Veggies & Dip	\$2.99	140
Hollandaise (3oz)	\$3.99	260

HOT DRINKS

Fresh Brewed Coffee ✓	\$2.99	0
Sunset Grill signature blend		
Tea	\$2.99	0
Specialty Tea	\$3.75	0
Hot Chocolate	\$3.75	200
With whipped cream		

COCKTAILS

Domestic Beer (5%) (341 ml bottle)	\$6.99	150
Import Beer (5%) (330 ml bottle)	\$7.99	150
Mimosa (11.5%)	\$19.99	300
Bottle of sparkling wine 375 ml, 12oz pitcher of Orange Juice, two Champagne glasses with strawberries		
Sunset Caesar (5.5%) (12oz) With cucumber and a strip of bacon	\$8.99	310

FAVOURITES ✓ TRAINER'S CHOICE ↔ VEGAN ⑤

We appreciate your comments!
comments@sunsetgrill.ca

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Taxes Not Included. NO SUBSTITUTIONS ON MENU ITEMS

TO ORDER ONLINE

sunset grill®

ALL-DAY BREAKFASTS

SUB EGG WHITES ↔ \$1.75 -120 Cals

We Use Farm Fresh Small Eggs and Lotsa Love! Served Scrambled, Sunny Side or Over Easy.

Three Eggs	\$8.49	690	Sunset Super	\$10.49	680
Home fries and thick toast			Three eggs, two pancakes and home fries		
with:			with:		
Bacon (4) ✓ ↔	\$12.49	1080	Bacon (4) ✓	\$14.49	980
Bacon (2), Sausages (2)	\$12.49	1080	Bacon (2), Sausages (2)	\$14.49	980
Sausages (4)	\$12.49	1080	Sausages (4)	\$14.49	980
Ham (3)	\$12.49	830	Ham (3)	\$14.49	730
Peameal Style Bacon (3)	\$13.49	870	Peameal Style Bacon (3)	\$15.49	770
Turkey Bacon (4)	\$13.49	840	Turkey Bacon (4)	\$15.49	740
Corned Beef Hash (8oz)	\$14.99	1030			
Chicken Breast (6oz)	\$16.99	960	French Connection	\$11.99	900
Sirloin Steak (8oz) ↔	\$19.99	1180	Three eggs, two French toast and home fries		
			with:		
Eggs Sunset ✓	\$15.99	800	Bacon (4) ✓	\$15.99	1200
Three eggs over easy with Peameal style bacon on English muffins. Topped with Hollandaise sauce and served with home fries			Bacon (2), Sausages (2)	\$15.99	1200
Salmon Eggs Sunset	\$17.99	870	Sausages (4)	\$15.99	1200
Three eggs over easy with smoked salmon on English muffins. Topped with Hollandaise sauce and served with home fries			Ham (3)	\$15.99	1040
Eggs Florentine	\$15.99	860	Peameal Style Bacon (3)	\$16.99	990
Three eggs over easy with sautéed spinach, onion and Swiss cheese on English muffins. Topped with Hollandaise sauce and served with home fries			Turkey Bacon (4)	\$16.99	1050
Sunset Breakfast Poutine	\$10.99	640	Avocado Toast ↔	\$8.99	250
Home fries, Peameal style bacon, sautéed onion, cheddar cheese, topped with Hollandaise sauce			Guacamole spread on dark rye, topped with Feta cheese, tomato, red onion, Kalamata olives and drizzled with olive oil		
Southwest Vegan	\$10.99	450	Protein Breakfast		
Breakfast Hash ⑤ ↔			Three eggs & house salad. Served with choice of:		
Home fries with sautéed onion, red pepper and mushrooms. Served with diced tomatoes and a side of guacamole			Sirloin Steak (8oz)	\$19.99	980
			or Chicken Breast (6oz)	\$16.99	760

Please inform your server of any allergies. Calorie counts are based on white bread. All items and prices may vary by location.
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Adults and youth (ages 13 and older) need an average of 2,000 calories a day,
and children (ages 4 to 12) need an average of 1,500 calories a day.
However, individual needs vary.

FRENCH TOAST, BUTTERMILK PANCAKES & MALTED WAFFLES

So Sweet! Served with Pancake Syrup and Butter

		Cals			Cals
Sunset Pancakes (3) ✓	\$8.49	220	Sunset Waffle ✓	\$9.99	380
Nice and fluffy, done just right!					
Blueberry Pancakes (3)	\$9.99	260	Sunset Fruit Waffle	\$13.49	510
Chocolate Chip Pancakes (3)	\$9.99	520	Waffle topped with fresh fruit salad		
			Thick French Toast (2) ✓	\$8.49	460
			(3)	\$9.99	690

ADD-ONS:

Whipped Cream	\$2.99	80	Strawberry Preserves	\$3.99	80
Dark Chocolate Chips	\$2.99	390	Fresh Strawberries	\$3.99	20
Pure Maple Syrup	\$3.99	180	Nutella (mini jar)	\$2.00	140

SUNSET SUPREME (ANY 3 ADD-ONS) \$6.99 60-1170 Cals

Add-on items are additional to the calories displayed

LIGHT BREAKFASTS

Fresh Fruit Salad ⑤	sm \$7.49	130	Organic Yogurt ⇄	\$11.99	680
Fresh cut daily	lg \$9.49	180	with The Works		
Light Breakfast ✓	\$9.99	540	Fresh cut fruit, strawberries, strawberry preserves, organic granola and honey		
One egg any style, fresh cut fruit salad and thick toast			Organic Yogurt with ⇄	\$7.99	540
Organic Yogurt 'n' Berries ⇄	\$9.99	640	Honey & Organic Granola		
Fresh strawberries, strawberry preserves, organic granola and honey			Smoked Salmon Plate ⇄	\$13.49	490
			Red onion, capers and lemon, toasted bagel and cream cheese (2)		

CLASSIC OMELETTES

Treat Yourself! Served with Home Fries and Thick Toast

SUB EGG WHITES ⇄ \$2.00 -180 Cals

Western ✓	\$13.99	860	Mediterranean	\$14.99	940
Ham and onion			Fresh baby spinach, tomato and Feta		
Great Canadian ✓	\$14.99	1410	Veggie Delight ✓	\$14.99	840
Bacon, mushrooms and cheddar			Red pepper, onion, mushrooms and tomato		
Greek Omelette	\$15.49	1100	Sunset Omelette	\$14.99	1060
Feta, onion, Kalamata olives and red pepper			Swiss, Peameal style bacon and tomato		
Florentine Omelette	\$13.99	1020	Meat Lovers ✓	\$15.99	1690
Fresh baby spinach, onion and Swiss			Peameal style bacon, ham, bacon, sausage and cheddar		

Create Your Own \$10.49 840 Each Ingredient \$1.89

	Cals		Cals		Cals
Cheddar	230	Bacon	390	Tomato	10
Swiss	210	Ham	70	Mushrooms	15
Feta	150	Sausage	160	Onion	20
Peameal Style		Baby Spinach	15	Red Pepper	20
Bacon	70	Broccoli	15	Kalamata Olives	130

Ingredient items are additional to the calories displayed.

BREAKFAST SANDWICHES

Served with Home Fries and Veggies & Dip

		Cals
Sunset Sandwich ✓	\$9.25	760
Peameal style bacon, egg and cheddar		
Sunset Western ✓	\$9.25	850
Ham, onion and egg (2)		
Protein Plus	\$11.99	690
Turkey bacon (2), egg whites, guacamole and Swiss		
Bacon (3), Egg & Cheddar	\$9.25	1020
Peameal Style Bacon on a Bun ✓	\$11.75	580
Lettuce and tomato		

CLASSIC SANDWICHES

Served with Home Fries and Veggies & Dip

		Cals
Classic BLT ✓	\$9.25	810
Grilled Chicken Breast on a Bun	\$13.99	680
Lettuce and tomato		
Sunset Club	\$15.99	1030
Grilled chicken breast, bacon, lettuce and tomato		
White Tuna Salad Sandwich	\$10.49	570

SUNSET BURGERS

*8 oz Juicy Burger Made Fresh Daily with 100% Canadian Beef.
Served with Home Fries and Veggies & Dip*

Classic Burger	\$13.99	740	Cheeseburger ✓	\$14.99	960
Canadian Burger	\$16.49	1080	Banquet Burger ✓	\$15.99	1210
Peameal style bacon and cheddar			Bacon and cheddar		

All burgers topped with lettuce, tomato, onion and pickle.

SALADS

Made Fresh to Order

Greek Salad	\$9.49	350	House Salad ⑤ ⇄	\$8.49	210
Caesar Salad	\$8.49	310	White Tuna Salad ⇄	\$10.49	510
			House salad topped with Albacore white Tuna		

ADD GRILLED CHICKEN BREAST (6oz) ⇄ \$6.99 270 Cals

KIDS' MEALS

French Toast (2)	\$8.49	460	Kids' All-Day Breakfast	\$9.49	680
Pancakes (2)	\$6.49	150	One scrambled egg, two strips of bacon, home fries and one slice of thick toast & jam		
Chocolate Chip Pancakes (2)	\$7.99	350	Fried Egg (2) Sandwich	\$7.49	640
Fruit Salad ⑤	\$7.49	130	Served with home fries and veggies & dip		
			Grilled Cheese	\$7.49	620
			Served with home fries and veggies & dip		

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